

Wash, wash, wash your hands!

Follow these simple tips for washing your hands and watch the germs go down the drain:

Wet your hands with warm water.

Put soap on your hands.

Rub both sides of your hands and in between your fingers.

Rinse with warm water.

Dry hands with a clean towel.

Turn the water off with the towel so you won't get your hands dirty again.



The hand washing song

While washing your hands, sing the hand washing song three times (sing to the tune of “Row, row, row your boat”).

Wash, wash, wash your hands, germs go down the drain

Rub and scrub, rub and scrub, wash the germs away!